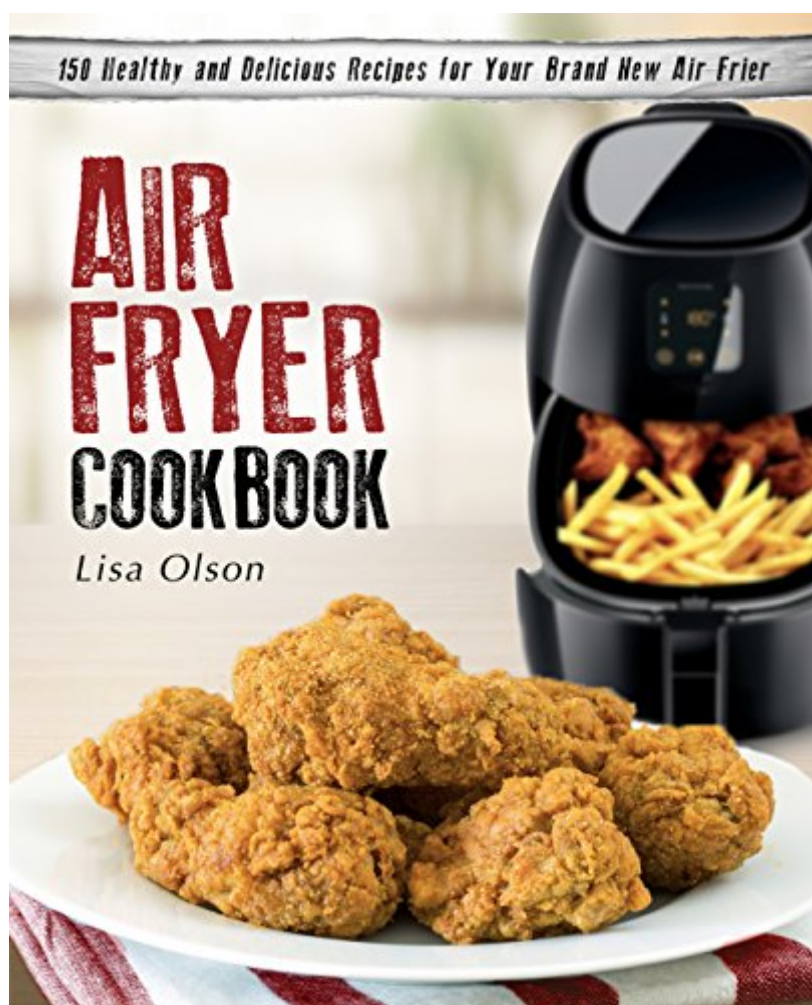


The book was found

Air Fryer Cookbook: 150 Healthy And Delicious Recipes For Your Brand New Air Fryer



Synopsis

Promo Price Just 0.99\$, Regularly Priced at 4.99\$ Are You Ready for Healthy Fried Food?â€ 150 Recipesâ€ 10 Categories to suit everyoneâ€ Photos for each categoryIf you believe that thereâ™s no such thing as a healthy fried food, think twice! How about an AIR FRYER?! An Air Fryer is a versatile and intelligent kitchen machine with patented technology that utilizes super-heated air to cook food. The machine heats up in a minute; hot air circulates in the specialized chamber so the food is cooked evenly, using a limited amount of oil. Choosing air frying doesnâ™t mean skimping on flavor. In fact, it means aiming for the healthier versions of our favorite fried foods! For instance, vegetables are one of the healthiest and most nutritious foods. The same cannot be said for deep fried vegetables â they are linked to heart diseases, obesity, diabetes, cancer and other serious health problems. When it comes to crispy, flavorful and healthy food, itâ™s hard to beat an Air Fryer. You will be able to prepare an entire meal with just one kitchen device. You will be pleasantly surprised what this incredible machine can do for you! Therefore, to put it in a nutshell, if you like your food fried and healthy, an Air Fryer is worth investing in.

Book Information

File Size: 2536 KB

Print Length: 176 pages

Simultaneous Device Usage: Unlimited

Publisher: GeorgeSon Press (March 15, 2017)

Publication Date: March 15, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B06XNNXT89

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #114,673 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #15

inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Meat,

Poultry & Seafood > Poultry #38 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Poultry #70 inÂ Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers

Customer Reviews

This book has so many good recipes and the tips were helpful. I like how the author arranged everything that is easy to learn and grasp. This book covers a much broader array of foods than I imagined could be made using the air fryer.

This book was a great addition to the cookbook that came with the air fryer. I find plenty of healthy, tasty, and easy to make recipes, Perfect choice for everyone. I will definitely recommend the book.

This is good air fryer recipes book which offers me 150 delicious recipes. The recipes make you hungry and you will decide to try all the recipes. The author did an amazing job in describing the way each recipe is prepared. The cookbook contains awesome recipes which will benefit you health wise.

150 excellent recipes for the cooking enthusiast. I particularly like the Indian and veggie recipes. There is even a whole section for vegans! I like the crispy eggplant chips. Recommended.

love this book has some good looking ideas

Great item!!!

The book contains a huge collection of tasty recipes, with clear directions and the ingredients are very easy to find in the market. The author wrote it in a very concise and clear manner so that every reader can easily follow the cooking instructions to perfection.

Who thought an air fryer could be all you need in the kitchen? The author goes ahead and gives the aspects to look out for when buying an air fryer. An air fryer can be used steam, roast, grill, fry as well as grill. An air fryer is a healthy option of cooking meals and the author gives recipes of all meals. From the moment you wake up in the morning to the midnight snack and the awesome part is that it is healthy all the way. Fun part is, healthy does not mean that it lacks flavor. I like how the author gives the different benefits of having an air fryer, some of which I was unaware. This book is

recommended, for every mother, father, chef and I bet the bachelors would love this. It is pretty effortless; the author also mentions the accessories that can be bought together with an air fryer. Delve in the book and find your recipe and try it out with your air fryer. You will love it.

[Download to continue reading...](#)

Air Fryer: Air Fryer Cookbook: Air Fryer Recipes: Healthy, Quick, & Easy Air Fryer Recipes for You & Your Family (Air Fryer, Air Fryer Cookbook, Air Fryer Recipes Book 1) AIR FRYER COOKBOOK: 135 AMAZINGLY DELICIOUS QUICK & EASY AIR FRYER RECIPES (air fryer healthy recipes, air fryer paleo, air fryer ultimate, air fryer gluten free, air fryer ketogenic) AIR FRYER: TOP 35 Easy And Delicious Recipes In One Cookbook For Everyday Life (Air Fryer Recipe Book, Air Fryer Cooking, Air Fryer Oven, Air Fryer Baking, Air Fryer Book, Air Frying Cookbook) Air Fryer Cookbook: 450 Amazingly Healthy & Delicious Air Fryer Recipes. (With Nutrition Facts of Each & Every Recipe) (Air fryer Cookbook, Air fryer Recipes, Air fryer Recipe Book) Air Fryer Recipes Cookbook: Delicious 123 Recipes to Fry, Bake, Grill, and Roast with Your Air Fryer(Air Fryer Cookbook, Oil Free Cookbook,Healthy Air Fryer Recipes) Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes for Everyone (Air Fryer Recipe Book, Air Fryer Cooking, Best Air Fryer Recipes) Air Fryer Recipes: The Ultimate Air Fryer Recipes Book for Your WHOLE Family - Includes 101+ Delicious & Healthy Recipes That Are Quick & Easy to Make for Your Air Fryer (Air Fryer Series) Air Fryer Cookbook: The World's No. 1 Low Fat Fryer, The Ultimate Healthy Delicious Recipes Cookbook (clean eating, healthy cookbook, air fryer recipes cookbook,) Air Fryer Cookbook: 365 Days of Air Fryer Cookbook - 365 Healthy, Quick and Easy Recipes to Fry, Bake, Grill, and Roast with Air Fryer (Everything Complete Air Fryer Book, Vegan, Paleo, Pot, Meals) Air Fryer Cookbook: Easy & Healthy Air Fryer Recipes For The Everyday Home â Delicious Triple-Tested, Family-Approved Air Fryer Recipes (Healthy Cookbook Book 1) Air Fryer Cookbook: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Ultimate Cookbook - 2nd Edition: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Cookbook: 150 Healthy and Delicious Recipes for Your Brand New Air Fryer AIR FRYER RECIPES: AIR FRYER COOKBOOK: 500 BEST RECIPES TO FRY, GRILL, ROAST AND BAKE (paleo, clean eating, keto, healthy meals, air fryer recipes cookbook, ... cooking for two, vegan, Instant meal, pot) Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer Vegetarian Recipes to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series) (Volume 4) Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer Vegan Recipes to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series Book 5) BOOK BUNDLE: The complete set of 3 awesome Air Fryer cookbooks: Air Fryer Made Simple,

Air Fryer Advanced, Air Fryer Ultimate. Make pro level dishes from the comfort and privacy of Your kitchen! Air Fryer Cookbook: The Comprehensive Air Fryer Cookbook for Busy People - Includes 40+ Healthy, Quick & Easy Recipes for Beginners (Air Fryer Series 2) Paleo Air Fryer: 365 Days of Perfect Paleo Air Fryer Recipes: Complete Air Fryer Cookbook, Quick and Easy Healthy Recipes, Roast, Grill, Fry and Bake, Paleo, Vegan Meals Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer For Beginners to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)